

SEXUAL ESSENTIALS



@miabuggy



@sexualessentials



@sexualessentialsllc

ABOUT

Sexual Essentials is a movement to help people understand & embrace their sexuality, body and desires. Ultimately the goal is to give the tools needed to create the type of sex life that is consistently fulfilling for you.

Sexual Essentials takes an unconventional approach to sexual education, by offering hands-on sex workshops such as the infamous #MouthMasterclass, #DickRiding101 and the Sex Conditioning Workout. These workshops are centered around building confidence in a bold yet respectable way where anyone can feel comfortable because we are a tribe and a 100% judgement free zone.

Sexual Essentials has a vast Instagram following that facilitates educational, thought provoking & interactive learning through daily posts and weekly Instagram Lives. Sexual Essentials has also been a guest on several podcasts as a contributor of healthy & unconventional sexual dialogue.



SERVICES

- #MouthMasterclass
- #DickRiding101
- Masturbation & Manifestation
- Foreplay & Vaginal Orgasms
- Masturbation & Squirting101
- Sex Conditioning Workout

BRAND COLLABS



CLIENT LOVE

"I am so grateful to have discovered the Sexual Essentials platform! My husband & I have a pretty open line of communication when it comes to our sex lives but her teachings have fostered thought provoking discussions for us. The IG lives are very informative & interactive. I love how you're able to discuss what can be sensitive subjects for some. It's important to show your supporters that there's a way to discuss wants/needs when it comes to intimacy without feeling ashamed."

VISIT OUR WEBSITE WWW.SEXUALESSENTIALS1.COM
OR EMAIL JUSTASK@SEXUALESSENTIALS1.COM